

Contents

| | |
|---|------|
| Foreword | xi |
| ALAN MORGAN | |
| Preface | xv |
| WENDY WELCH | |
| Acknowledgments | xvii |
| Part 1: BACKGROUND | |
| 1 Rural Medicine Retrospective: An Overview of the Challenges Rural Hospitals Faced Prepandemic | 3 |
| BETH O'CONNOR | |
| 2 Good Hygiene in Bad Times | 19 |
| ALLI DELP | |
| 3 The Perfect Storm, the Perfect Solution? COVID-19 and Telehealth | 43 |
| KATHY HSU WIBBERLY | |
| 4 Bracing Early for a Delayed Impact: How Appalachia's COVID-19 Timelines Affected Health System Bottom Lines | 70 |
| KATHY OSBORNE STILL | |
| Part 2: STORIES | |
| 5 Passover | 81 |
| LYNN ELLIOTT | |
| 6 Working in the Hospital in the Early Days of the Pandemic | 89 |
| LUCAS AIDUKAITIS | |
| 7 Shadrach, Sparrows, and Me | 105 |
| TARA SMITH | |
| 8 I Am Responsible for the People Who Are Responsible | 121 |
| TAMMY BANNISTER | |

- 9 Isolation, Denial, and Appalachia's Greatest Public Threat 126
NIKKI KING
- 10 The Mask Makers: How Women in Appalachia Were Empowered through Sewing during the COVID-19 Response 136
MELANIE B. RICHARDS AND MILDRED F. PERREAULT
- 11 We Already Knew We Were Mortal: Cancer Patients in the Pandemic 170
MONIKA HOLBEIN
- 12 Nursing While Black 193
SOJOURNER NIGHTINGALE
- 13 Trust Comes Late 204
WENDY WELCH AND KATHY OSBORNE STILL

Part 3: IMPACT

- 14 The Two-Sided Pandemic: Mental Health and Racism before and during COVID-19 217
DARLA TIMBO
- 15 COVID-19's Enduring Impact on Medical Education: An Appalachian Case Study 227
JEFFREY LEBOEUF
- 16 COVID-19 and Type 2 Diabetes: A Seesaw of Reckoning 237
BRITTANY LANDORE
- 17 Substance Use Disorder during COVID 250
CLAY ANDERSON
- 18 The Race to Vaccinate 265
RAKESH PATEL
- 19 Variants, Vaccines, and Vacations 282
LAURA HUNGERFORD
- Contributors 291
- Index 295